Phoebe Armfield

BEXSC, MPT

Specialised Physiotherapist



About Phoebe

Phoebe Armfield is a specialised physiotherapist in the areas of pelvic health and paediatrics with over 10 years working in pelvic health and paediatrics in the community. Phoebe holds a Bachelor of Science (Sport and Exercise) from the University of Western Sydney, a Masters of Physiotherapy from Sydney University where she was awarded the Hoc Mai Scholarship as well as specialist training in Women's Health from the Women's Health Training Associates at the highest level. Phoebe has also specialised in Paediatric physiotherapy through Monash University and is a clinical educator for Griffith University.

Areas of Expertise

- Pelvic organ prolapse
- Urinary incontinence
- Urinary frequency
- Faecal incontinence
- Constipation
- Overactive pelvic floor
- Dyspareunia (painful intercourse)
- Vulva pain
- Endometriosis
- Pre and postnatal care
- Childhood constipation
- Daytime and nighttime wetting

Practice & Operating Locations

Phoebe is now accepting new patients. Her consulting rooms are located within the Specialist Network Suites in Benowa.

Specialist Network

Suite 1/192 Ashmore Road, 4217 Benowa admin@specialistnetwork.com.au
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